

PURSUIT: ZION CHURCH WOODBRIDGE CORPORATE FAST 2018



ZCW is going on a corporate prayer & fast! We are not doing this fast because we HAVE TO (We don't HAVE to do anything). We are adjusting our schedule and our diet to posture ourselves to be in a place of availability for whatever God may have in store for us in 2018.

We are praying & fasting because we understand that there is nothing that we can do in our own strength and we need God's direction and guidance as we go into a new year.

Fast Options:

- Option 1 – Vegetables and fruit
- Option 2 – Fast from 6am-6pm
- Option 3 – Liquids only

In case it is unclear as to what you are "allowed" or "not allowed" to fast from with the options given above, pray about it. For example, someone asked if they could have smoothies. As mentioned above, you are not obligated to participate in the fast, so it's not a matter of what you HAVE to abstain from; it's a matter of what you are WILLING TO SACRIFICE in order to be available to God.

As we pursue God, corporately, we will deny things that often get in the way of that pursuit. We will abstain from social media (except for employment obligations), television including streaming etc.... and secular music/secular entertainment.

Stay Connected during the fast

- Let us know you are fasting by:
 - Emailing pursuit@zionchurchoonline.com and write "I'm fasting"
 - Text 41444 and put in the body of the text "pursuit" (follow directions that appear on the phone)
- Join our **PRAYER CALL**, every day during the fast at 6am, 12pm, 6pm (as your schedule allows)
 - ***Prayer Call Information – Phone: [\(712\) 775-7040](tel:7127757040)
 - Access code - 0933838.
- Join us for our **Prayer Gatherings** (in Person or Online)
 - Jan 9th & 16th at 7:00PM
 - In Person: ZCW Office (2500 Hunter PI, Suite 101, Woodbridge, VA)
 - Online: Go to <https://zoom.us/j/4077103109>
 - Or dial in 1 669 900 6833

-
- Consider Your Schedule
 - Tell Only the People You Must
 - Attempt to Wean Yourself Off Caffeine
 - Avoid Media
 - Disconnect from people & connect w/God

- Beware of Your Emotions
- Rest
- Stay Physically Active
- Be Still and Focus on God

DAILY FAST FOCUS:

Isaiah 58 – **Fasting the pleases God**

Day 1: Monday January 8th – Isaiah 58 verses 1 and 2

Prayer Focus: Repentance – Lord please look at me and forgive me for...

Day 2: Tuesday January 9th – Isaiah 58 verse 3

Prayer Focus: Deliverance – Lord please examine me and deliver me from...

Day 3: Wednesday January 10th – Isaiah 58 verse 4

Prayer Focus: Revival – Lord please unleash a revival within me so that a revival can happen around me

Day 4: Thursday January 11th – Isaiah 58 verse 5

Prayer Focus: Assignment – Lord please reveal/confirm to me my assignment

Day 5: Friday January 12th – Isaiah 58 verses 6 and 7

Prayer Focus: Assignment Goals – Lord what would you have me to do with this assignment: in the next 3 months; 6 months; by the end of the year?

Day 6: Saturday January 13th – Isaiah 58 verses 8 and 9

Prayer Focus: Marriages – Lord please minister to the marriages around me (including my own, if applicable)

Day 7: Sunday January 14th – Day of Unity - I Corinthians 11 verses 18-34

Prayer Focus: Singles – Lord please minister to the singles around me (including me, if applicable)

Day 8: Monday January 15th – Isaiah 58 verses 10 and 11

Prayer Focus: Youth/Young Adult – Lord please minister to the youth/young adults around me (including me, if applicable)

Day 9: Tuesday January 16th - Isaiah 58 verses 12 and 13

Prayer Focus: Elders/Widows – Lord please minister to the Elders/Widows around me (including me, if applicable)

Day 10: Wednesday January 17th – Isaiah 58 verse 14

Prayer Focus: Leaders – Lord help me to pray for my leaders, my pastors and other spiritual leaders, as well as, the leaders that lead this county, state, country and world.

***Prayer Call Information – [7127757040](tel:7127757040) code – 0933838

There will be prayer calls each day; 6am, 12pm, 6pm.